Diagnostic Criteria for Pudendal Neuralgia by Pudendal Nerve Entrapment

Nantes criteria


**Essential criteria** (must all be present)
- Pain in the territory of the pudendal nerve: from the anus to the penis or clitoris
- Pain is predominantly experienced while sitting
- The pain does not wake the patient at night
- Pain with no objective sensory impairment
- Pain relieved by diagnostic pudendal nerve block

**Complementary diagnostic criteria**
- Burning, shooting, stabbing pain, numbness
- Alloodynia or hyperpathia
- Rectal or vaginal foreign body sensation (sympathalgia)
- Worsening of pain during the day
- Predominantly unilateral pain
- Pain triggered by defecation
- Presence of exquisite tenderness on palpation of the ischial spine
- Clinical neurophysiology findings in men or nulliparous women

**Exclusion criteria**
- Exclusively coccygeal, gluteal, pubic or hypogastric pain
- Pruritus
- Exclusively paroxysmal pain
- Imaging abnormalities able to account for the pain

**Associated signs not excluding the diagnosis**
- Buttock pain on sitting
- Referred sciatic pain
- Pain referred to the medial aspect of the thigh
- Suprapubic pain
- Urinary frequency and/or pain on a full bladder
- Pain occurring after ejaculation
- Dyspareunia and/or pain after sexual intercourse
- Erectile dysfunction
- Normal clinical neurophysiology