

The Orphanet Functioning Thesaurus is derived and adapted from the International Classification of Functioning, Disability and Health – Children and Youth (ICF-CY, WHO 2007).

Activity limitation/participation restriction

Understanding

- Seeing/watching
- Hearing/listening
- Learning
 - Acquiring language
 - Learning to read
 - Learning to write
 - Learning to calculate
- Applying knowledge
 - Reading
 - Writing
 - Calculating
- Cognitive abilities
 - Focusing attention
 - Memorizing and retrieving
 - Thinking and reasoning
 - Making decisions/taking initiatives/finding solutions
 - Orienting oneself
 - Being aware of time
 - Being aware of space

Communicating with others

- Receiving messages
 - Receiving spoken messages
 - Receiving messages in sign language
 - Receiving nonverbal messages
 - Receiving written messages
- Producing messages
 - Speaking
 - Producing messages in sign language
 - Producing nonverbal messages
 - Writing messages
- Participating in a conversation
- Using communication devices

Motor skills

- Changing body position
 - Standing
 - Sitting
 - Bending

- Transferring oneself
- Maintaining body position
 - Maintaining a standing position
 - Maintaining head position
- Using objects
 - Reaching and catching objects
 - Lifting and carrying objects
 - Handling objects (fine hand use)
- Walking
 - Walking short distances
 - Walking long distances
- Performing vigorous activities (climbing, running, jumping, swimming,...)

Self-care

- Washing oneself
- Caring for body parts (skin, teeth, nails, hair, genitals)
- Regulating urination
- Regulating defecation
- Dressing/undressing
- Eating
- Drinking
- Managing one's health (diet, medications, prevention, needs, assistance, monitoring)

Sleeping/staying awake

- Falling asleep
- Staying asleep
- Getting good quality sleep
- Staying awake

Temperament and behaviour

- Handling stress, responsibilities, emergencies and ensuring one's safety
- Handling emotions and mood
- Controlling one's own general behaviour
- Controlling one's own eating behaviour

Moving around

- Moving around within the home
- Moving around outside the home
- Moving around using transportation
- Using transportation
- Driving

Interpersonal skills

- Interacting with other people
- Making/keeping friends

- Maintaining family relationships
- Dealing with strangers
- Engaging in and maintaining intimate relationships
- Engaging in sexual relationships

Daily activities

- Household
 - Shopping
 - Cooking/preparing meals
 - Doing housework
 - Looking after/helping others
- Education
 - Attending preschool
 - Attending mainstream school
 - Attending school in an adapted mainstream/special environment
 - Learning a profession (vocational training/apprenticeship) in the standard environment
 - Learning a profession (vocational training/apprenticeship) in an adapted mainstream/special environment
 - Accessing higher education
- Work and economic life
 - Engaging in paid work in a standard environment
 - Engaging in paid work in a supported/sheltered environment
 - Seeking employment
 - Performing professional tasks
 - Handling money/managing one's own budget
 - Carrying out administrative procedures
- Life management
 - Undertaking a simple task
 - Undertaking a complex/multiple task
 - Carrying out daily routines

Social life

- Taking part in community life
- Playing with others
- Socializing
- Practicing sports
- Participating in the arts and cultural activities
- Travelling