The Orphanet Functioning Thesaurus is derived and adapted from the International Classification of Functioning, Disability and Health – Children and Youth (ICF-CY, WHO 2007).

Activity limitation/participation restriction

Understanding

- Seeing/watching
- Hearing/listening
- Learning
  - Acquiring language
  - Learning to read
  - Learning to write
  - Learning to calculate
- Applying knowledge
  - Reading
  - Writing
  - Calculating
- Cognitive abilities
  - Focusing attention
  - Memorizing and retrieving
  - Thinking and reasoning
  - Making decisions/taking initiatives/finding solutions
  - Orienting oneself
    - Being aware of time
    - Being aware of space

Communicating with others

- Receiving messages
  - Receiving spoken messages
  - Receiving messages in sign language
  - Receiving nonverbal messages
  - Receiving written messages
- Producing messages
  - Speaking
  - Producing messages in sign language
  - Producing nonverbal messages
  - Writing messages
- Participating in a conversation
- Using communication devices

Motor skills

- Changing body position
  - Standing
  - Sitting
  - Bending
- Transferring oneself
  - Maintaining body position
    - Maintaining a standing position
    - Maintaining head position
  - Using objects
    - Reaching and catching objects
    - Lifting and carrying objects
    - Handling objects (fine hand use)
  - Walking
    - Walking short distances
    - Walking long distances
  - Performing vigorous activities (climbing, running, jumping, swimming,...)

**Self-care**

- Washing oneself
- Caring for body parts (skin, teeth, nails, hair, genitals)
- Regulating urination
- Regulating defecation
- Dressing/undressing
- Eating
- Drinking
- Managing one’s health (diet, medications, prevention, needs, assistance, monitoring)

**Sleeping/staying awake**

- Falling asleep
- Staying asleep
- Getting good quality sleep
- Staying awake

**Temperament and behaviour**

- Handling stress, responsibilities, emergencies and ensuring one's safety
- Handling emotions and mood
- Controlling one's own general behaviour
- Controlling one's own eating behaviour

**Moving around**

- Moving around within the home
- Moving around outside the home
- Moving around using transportation
- Using transportation
- Driving

**Interpersonal skills**

- Interacting with other people
- Making/keeping friends
- Maintaining family relationships
- Dealing with strangers
- Engaging in and maintaining intimate relationships
- Engaging in sexual relationships

**Daily activities**

- **Household**
  - Shopping
  - Cooking/preparing meals
  - Doing housework
  - Looking after/helping others
- **Education**
  - Attending preschool
  - Attending mainstream school
  - Attending school in an adapted mainstream/special environment
  - Learning a profession (vocational training/apprenticeship) in the standard environment
  - Learning a profession (vocational training/apprenticeship) in an adapted mainstream/special environment
  - Accessing higher education
- **Work and economic life**
  - Engaging in paid work in a standard environment
  - Engaging in paid work in a supported/sheltered environment
  - Seeking employment
  - Performing professional tasks
  - Handling money/managing one's own budget
  - Carrying out administrative procedures
- **Life management**
  - Undertaking a simple task
  - Undertaking a complex/multiple task
  - Carrying out daily routines

**Social life**

- Taking part in community life
- Playing with others
- Socializing
- Practicing sports
- Participating in the arts and cultural activities
- Travelling